

ATHLETIC HANDBOOK



A Message from the Principal

Point Pleasant Junior Senior High School has a long and proud tradition in athletics. Point Pleasant's Athletics program has had great success with teams winning State Championships, Sectional and Regional Championships in almost every sport.

At PPJSHS, we believe in the value of Athletics for the entire student body. Coaches feel the responsibility to teach their players the skills and strategy behind the game and how to instill a sense of respect for the tradition of the game including honorable behavior and rich history. Learning to honor the game builds a sense of responsibility and encourages the maturation of moral reasoning. Our coaches realize that they are teaching their players to carry these lessons far beyond the field into the classroom, into the home, and eventually into adulthood. They encourage their players to focus on their level of effort and personal improvement in addition to the final score. Our coaches help student-athletes recognize that mistakes are inevitable and are an important part of the learning process. The key to success is being able to rebound from mistakes with renewed determination. Our coaches are expected to embrace two goals in all athletic endeavors: the first goal is to win, but the second (and equally important) goal is to teach life lessons through sports. Athletics are seen as an important part of the total learning experience at Point Pleasant Junior Senior High School.

The lessons they learn through their participation are invaluable and help in the overall development of their characters. Sportsmanship, commitment, teamwork, competition, sacrifice, and fair play are learned when students are taught to respect the game; to bring dignity and self-control to the contest, win or lose. Athletic participation also plays an important part in helping each student develop a healthy self-image as well as a healthy body.

At PPJSHS, we believe that all students should have the opportunity to participate in Interscholastic Athletics during their Junior High and High School careers. There is a place for all athletes of all skill levels to represent our school in athletic competitions. Successful athletic programs depend on a large percentage of student participation. This fact encourages multi-sport athletes. Our coaches will not pressure players to give up other sports in order to secure a winning season in a particular program. Maintaining a culture where positive character traits are developed in our players must come first. When the game is on the line and tensions run high, we will teach our student-athletes invaluable lessons by helping them focus on what is really important. Thank You for supporting and believing in our teams. Go Big Blacks! Go Black Knights!

William Cottrill, Principal

PURPOSE AND PHILOSOPHY OF THE PPJSHS ATHLETIC PROGRAM

The PPJSHS Athletic Program is a natural extension of the high school curriculum that provides activities for the growth and development of our students. The program includes laboratory experiences in human relations as well as opportunities for developing each student physically and emotionally. We view the interscholastic Athletic Program as the other half of education.

At PPJSHS, we believe that the Athletic Program contributes significantly in preparing our students for becoming productive, contributing citizens of our community and society. A comprehensive program of athletic activities expresses our commitment to ensure the development of physical fitness and personal health, the acquisition of competent performances, and the achievement of excellence in the student's chosen sport.

In addition, our aim is to develop a student with an improved self-image, the ability to learn a new skill, and an intrinsic motivation for growth and development. We want to see a student who will demonstrate a willingness to accept responsibility for his/her actions, measure him/herself against standards of quality, express ideas and solutions to problems, and value fair play, honesty, and cooperation.

OBJECTIVES OF THE ATHLETIC PROGRAM

Our goals are:

1. To develop and maintain the highest level of sportsmanship.
2. To develop proper attitudes toward winning and losing, success and failure.
3. To encourage and develop respect for fellow athletes whether they are teammates, members of other Pt. Pleasant teams, or members of opposing teams.
4. To assure that the amount of time required for athletic participation does not interfere with academic success.
5. To develop proper attitudes toward individual health habits, appearance on and off the field, and citizenship in and out of school.
6. To encourage competition not only for the tangible rewards but also for the development of positive attitudes that make athletic competition valuable and worthwhile.
7. To orient all athletic staff members to abide by the rules, regulations, and officials' decision that govern each sport.
8. To maintain the highest standard of ethics, recognize each participant as an individual who will conduct him/herself in a manner befitting his/her responsibilities, and develop the kind of rapport with the broader school community that will improve the total educational program.

Eligibility Requirements

1. The athlete must reside in Mason County School District, or attend a county school with permission of the Mason County Board of Education.
2. The athlete must not have reached age 19 prior to September 1st of said school year.
3. The athlete must have accumulated less than 8 semesters. Semesters begin with the 9th grade year.
4. The athlete must maintain a 2.0 grade point average on a 4.0 scale from their previous semester. If a student fails to achieve a 2.0 grade point average the previous semester of their competition season they may gain eligibility by achieving a 2.0 on their 9 weeks grade report.
5. The athlete must have current physical examination, administered after June 1 for the current school year. Physical exam must be signed by doctor, parent, and student-athlete.
6. The athlete must have a record of their birth certificate on file in the athletic office. This must be on file no later than 7 days after the first practice. After this date, the athlete will be suspended until such times as he/she turns it in.
7. In addition to the birth certificate and physical, the student-athlete must have the following on file:

MEDICAL DISCLOSURE AND TREATMENT

Point Pleasant Junior Senior High School

ATHLETE'S NAME: _____

The parent(s) and/or guardian(s) of the above-named athlete hereby authorize access to medical information for the purpose of review and examination by the coaching staff and sports medicine staff of Point Pleasant Junior Senior High School.

Limitations place on the release of information include the following:

- Information will be released to the coaching staff of the sport that the athlete is currently listed as a participant.
- Information will be released to the athletic trainer and the team physician currently listed as being on the staff at the school.
- Purpose of the review will be to familiarize the coaching staff and the sports medicine staff with injuries and /or participation of the athlete.
- Possible medical conditions which are to be disclosed are asthma, bee sting allergies, possible fractures, sprains or strains, bleeding, or heat related illness. This release is not limited to the above-named conditions.

Please note: This authorization expires at the end of the current school year and must be renewed annually.

Parent(s) and/or Guardian(s) signature:

Date: _____

MASON COUNTY SCHOOLS
STUDENT DRUG TESTING CONSENT FORM

Statement of Purpose and Intent

Participation in school sponsored extra-curricular activities is a privilege. Activity Students carry a responsibility to themselves, their fellow students, their parents, and their school to set the highest possible examples of conduct, which includes avoiding the use or possession of illegal drugs.

Drug use of any kind is incompatible with participation in extra-curricular activities on behalf of the Mason County Schools. For the safety, health, and well-being of the student of the district, the Mason County Schools has adopted the attached Activity Student Drug Testing Policy and the Student Drug Testing Consent for use by all participating students at the middle school and high school levels.

Each Activity Student shall be provided with a copy of the Activity Student Drug Testing Policy and Student Drug Testing Consent which shall be read, signed and dated by the student, parent or participate in any interscholastic activities. The consent shall be to provide a urine sample: a) as part of their annual physical or for eligibility for participation, b) as chosen by the random selection basis, and c) at any time requested based on reasonable suspicion to be tested for illegal or performance-enhancing drugs. No student shall be allowed to practice or participate in any activity governed by the policy unless the student has returned the properly signed Student Drug Testing Consent.

Student's Last Name _____ First _____ MI _____

I understand after having read the "Student Activity Drug Testing Policy" and "Student Drug Testing Consent," that, out of care for my safety and health, Mason County Schools enforces the rules applying to the consumption or possession of illegal and performance-enhancing drugs. As a member of a Mason County Schools extra-curricular interscholastic activity, I realize that the personal decision that I make daily regarding the consumption or possession of illegal or performance-enhancing drugs may affect my health and well-being as well as the possible endangerment of those around me and reflect upon any organization with which I am associated. If I choose to violate school policy regarding the use or possession of illegal or performance-enhancing drugs anytime while I am involved in in-season or off-season activities, I understand upon determination of that violation I will be subject to the restrictions on my participation as outlined in the policy.

Signature of Student: _____

Date: _____

We have read and understood the district "Activity Student Drug Testing Policy" and "Student Drug Testing Consent." We desire that the student named above participate in the extra-curricular interscholastic programs of Mason County Schools and we hereby voluntarily agree to be subject to its terms. We accept the method of obtaining urine samples, testing and analysis of such specimens, and all other aspects of the program. We further agree and consent to the disclosure of the sampling, testing, and result as provided in this program.

Signature of Parent/Custodial Guardian: _____ Date: _____

Signature of Coach: _____ Team: _____

Medication List

I, _____, am currently taking or have taken the following drugs, substances, or medication in the last thirty (30) days: **Medication must be legally prescribed for extra-curricular activity students.**

**CONTRACT FOR PARTICIPATION IN ATHLETICS IN
MASON COUNTY SCHOOLS**

I have read thoroughly the information given in the Mason County Schools Student Athlete Handbook. I understand and agree to abide by the provisions contained therein. I also understand that participation in athletics in Mason County Schools, is a privilege and not a right.

Student-Athlete Signature

Date

I as the parent/guardian of _____, a prospective student-athlete in Mason County Schools have read thoroughly the information contained in the Mason County Schools Student-Athlete Handbook. I understand and agree to help the Mason County School Athletic Departments in their endeavor to foster a proper climate for the athletic participation. I/we further agree to support and work with the athletic department in the enforcement of the codes of conduct upon our son/daughter if it becomes necessary.

Parent/Guardian Signature

Date

If for any reason you feel that you cannot support the codes of conduct, please do not allow your son/daughter to try out for an athletic team in the Mason County School System.

(PLEASE RETURN THIS PORTION TO COACHING STAFF)

athletic program in Mason County Schools to provide the vehicle whereby the student, faculty, administration, and community may pull together as one. The interscholastic athletic program in Mason County Schools may also help to focus community attention upon other educational needs. Faculty, administration, and community may pull together as one.

AGREEMENT TO OBEY INSTRUCTIONS

I am aware that playing or practicing to play/participate in any sport can be a dangerous activity involving MANY RISKS OF INJURY. I understand that the dangers and risks of playing or practicing to play/participate in athletics include but are not limited to, death, serious neck and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the skeletal system, and serious injury of impairment to other aspects of my body, general health and well-being. I understand that the dangers of playing or practicing to play/participate in athletics may result not only in serious injury, but in serious impairment of my future abilities to earn a living, to engage in other business, social and recreational activities and generally to enjoy life.

Because of the dangers of participating in athletics, I recognize the importance of following coaches' and athletic trainers' instructions regarding playing techniques training and other team rules, etc., and agree to obey such instructions.

I specifically acknowledge that FOOTBALL is a COLLISION SPORT. I also acknowledge that WRESTLING, SOCCER, SOFTBALL, BASEBALL, and BASKETBALL are VIOLENT CONTACT SPORTS involving even greater risk of injury than other sports.

PHYSICAL EXAMINATIONS

Every athlete must have a valid physical exam on record in the athletic office. The physical exam must be done by a physician and it must be done prior to beginning the sport for which the exam is to be used.

Exam dates are set by a health care professional for the current year. Any other physical exams must be arranged by the athlete. The athlete will not be able to participate in any practice session until a valid physical exam is on file in the athletic office.

INSURANCE COVERAGE

Before an athlete may be permitted to participate, he/she must show that they have some form of health and accident insurance in place. This is to be indicated on the physical exam/parent permission sheet.

If the parent or guardian has insurance through their place of employment, that will be sufficient. However, if they do not, they will be able to secure insurance through the Mason County School System. Forms may be obtained from the athletic department.

West Virginia Secondary School Activities Commission has taken out a "Catastrophic Insurance Policy" to cover all member schools.

(Please retain these rules and policies for your information)

PENALTIES FOR VIOLATION OF COACH'S/SCHOOL'S RULES

The following penalties will incur for violations of coach's/school's rules:

- A. Consequences due to unsportsmanlike conduct will be given at the discretion of the coach and principal.
- B. Each coach and/or school may establish additional penalties which they feel are important for violation of the coach's/school's rules.

ELIGIBILITY REQUIREMENT

1. The athlete must reside in the Mason County School district with their legal guardian.
2. The athlete must not have reached age 19 prior to September 1 of said school year.
3. The athlete must have accumulated less than 8 semesters. Semesters are accumulated starting with the 9th grade year.
4. The athlete must obtain at least a 2.00 GPA based upon their work for the previous semester.
5. The athlete must have a physical examination on file in the athletic office. The physical exam must be current.
6. The athlete must have a record of their birth certificate on file in the athletic office. This must be on file no later than 7 days after the first practice. After this date, the athlete will be suspended until such times as he/she turns it in.
7. The athlete must have a record of parent permission on file in the athletic office.

In the case of an athlete who has not maintained a 2.00 GPA in the previous semester, said athlete may apply for eligibility with the assistant principal in charge of athletics after the 9th week of the semester in which the athlete desires to be granted eligibility.

OBJECTIVES OF MASON COUNTY ATHLETIC DEPARTMENT

The interscholastic program of Mason County Schools will:

1. Be closely coordinated with the general instructional program of the school.
2. Be such that the number of students accommodated and the educational goals achieved, justify the existence of each individual activity.
3. Be based on the spirit of non-professionalism so that participation is regarded as a privilege to be won by training and proficiency and to be valued highly enough to eliminate any need for expensive prizes or awards.
4. Confine the school activities to events which are sponsored and supervised by the proper school authorities.
5. Be planned so as to result in opportunity for many individuals to explore a wide variety of sports and to do so in reasonable season limits for each sport.
6. Include training in conduct and game ethics.
7. Engender respect for the local, state, and national rules and policies under which the school program is conducted.
8. Always put the welfare of the student-athlete first.

STATEMENT OF PHILOSOPHY

It is the aim and desire of Mason County Schools Athletic Departments that the staff can set a right example, that each individual student can develop to the higher limits of their individual talents and skills. It is felt that participation in a sound interscholastic athletic program can provide an awareness and appreciation for a very enjoyable part of living. The interscholastic athletic program in Mason County Schools strives to provide a mixture of restrictions and freedoms, mental growth, and physical development. Other desired outcomes of a sound interscholastic athletic program can be the development of poise, self-control, and team work. Yea! For team work. It is also the aim and desire of the interscholastic

MASON COUNTY SCHOOLS ATHLETIC CODE OF CONDUCT

MASON COUNTY SCHOOLS ATHLETIC DEPARTMENT STUDENT-ATHLETE RULES AND POLICIES



CODE OF CONDUCT FOR ATHLETES IN MASON COUNTY SCHOOLS

ATHLETES IN MASON COUNTY SHALL:

1. Be courteous in visiting teams and officials.
2. Play hard and to the limit of his or her ability. The true athlete does not give up, nor does he/she quarrel, cheat, or grandstand.
3. Be modest when successful and be gracious. In defeat, A true sportsman does not offer excuses for failures.
4. Demonstrate loyalty to the school by maintaining a satisfactory scholastic standing and by participating in and supporting other school activities.
5. ~~Play for the love of the game—not for some other reason.~~
6. Understand and observe the rules of the game and the standards of eligibility.
7. Set a high standard of personal appearance and cleanliness.
8. Respect the integrity and judgment of officials and accept their decision without question.
9. Respect the facilities of host schools and the trust equaled in being a guest.
10. Be in attendance one half day of an athletic event and the following day.
11. Maintain a high degree of physical fitness by observing team and training rules conscientiously.

ATHLETE EXPECTATIONS:

- A. While a member of an athletic team in Mason County Schools, athletes are not to be in violation of the Substance Abuse Policy.
- B. While a member of an athletic team in Mason County Schools athletes are not to be in violation of the Tobacco Control Policy.
- C. While a member of an athletic team in Mason County Schools athletes are expected to follow the Student Code of Conduct and are not permitted to have any suspensions related to violations of the Student Code of Conduct, or found guilty of any misdemeanors or felonies.
- D. While a member of the athletic team in Mason County Schools each athlete will follow additional rules and penalties established by the coach and/or school. (These additional rules and penalties must be in written form, read to the team, posted in the locker room and approved and on file with the principal and in the superintendent's office).

PENALTIES FOR VIOLATION OF POLICIES

The following penalties will incur for violations of policies.

1. FIRST OFFENSE for violation of Substance Abuse Policy, Tobacco Control Policy or first time suspension as a result of Student Code of Conduct violations will result in suspension from practice and games for 10% of the athlete's participation sports season.
2. SECOND OFFENSE for violation of Substance Abuse Policy, Tobacco Control Policy or second time suspension as a result of Student Code of Conduct violations, or any combination of the above will result in expulsion from practice and games for the remainder of the season. (If other sports activity for the remainder of the school year).
3. Expulsion from school will result in automatic expulsion from sports for the remainder of the school year.

6. Excessive detentions and tardiness can result in practice/game suspension as determined by the Athletic Director and /or Principal.
- ~~7. Any violation of the Code of Conduct can result in practice/game suspension or suspension for the remainder of the season.~~
8. Athletes ejected from an athletic contest must meet with the athletic director before their WVSSAC suspension is lifted. The administration reserves the right to extend but not shorten WVSSAC suspensions.

Student and parent/legal guardian will receive written notification of suspension or removal. Student and parent/legal guardian will also meet with athletic director to discuss infraction and disciplinary action. The meeting will take place within 3 calendar days of infraction discovery. Parents may appeal disciplinary action, in writing, to the principal. At this time the coach, athletic director, parents/legal guardian, and student will meet with the principal. Principal's appeal must be received within 24 hours of meeting with athletic director. Parents/legal guardian may then pursue a citizens' complaint outlined in Mason County Board of Education Policy 1012.

2. It is the responsibility of the student athlete to meet with his/her teacher the day before the class he/she is to miss because of an athletic contest.

Parent/Coach Communication

As your son/daughter become involved in the sports program at PPJSHS, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your child wishes. This is the opportunity for your child to talk with their respective coach and discuss the situation. When your child handles the problem, it becomes part of the learning and maturation process. There may also be situations that require a conversation between the coach and the parent. These are encouraged. It's important that both parties have a clear understanding of the other's position. Please follow the following procedures to help promote a resolution.

1. Parent/guardian should set up a meeting time with the coach. Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and coach. Meetings of this nature do not promote resolutions.
2. If the concern is not resolved, call the Athletic Director to arrange a conference. A meeting can be arranged with the coach, parent, and Athletic Director.
3. At this meeting, the appropriate next step can be determined.

Student-Athlete Code of Conduct

PPJSHS takes great pride in our tradition of "Striving for Excellence." It is an honor and privilege to represent our school. Student athletes at PPJSHS are expected to be good citizens and role models for the rest of the school. All student athletes will sign and adhere to the Mason County Schools Athletic Department Student/Athlete Rules and Policies form and will further abide by all rules and regulations set forth by the West Virginia Secondary Schools Activity Commission. The following criteria has been adopted by the Athletic Department at PPJSHS. Student athletes will:

1. Conduct themselves in a socially appropriate manner on the athletic field, practice field, classroom, and in the community.
2. Abide by all school and classroom rules.
3. Abide by laws and regulation of our community, state, and nation.
4. Not encourage, incite, or participate in hazing.
5. Will not steal items from the school, team, coaches, or team members.
6. Attend all classes, every day unless a county accepted excuse is provided.
7. Be on time, and attentive to all classes, meetings, practices and games.
8. Will take care of all school issued uniforms, equipment, and training aides.
9. Abide by all dress code requirements when participating in athletic events and practices.
10. Lead by example always.

Athletic Disciplinary Guidelines

In the unfortunate event that a student-athlete makes a poor, selfish decision and puts them in a position where they must be disciplined the following will act as a guideline for disciplining the student-athlete. All infractions will be viewed and handled on an individual basis.

1. Coaches, principals, and athletic director will not discuss disciplined athletes with other athletes, parents, or media outlets under any circumstances.
2. Failure to attend school the full day of or after athletic event will result in a one game suspension.
3. Student athletes that receive In-House Suspension will not be permitted to attend practices, games, or events.
4. Insubordination will result in removal of a student athlete for the remainder of a season.
5. Hazing or any act committed by a student athlete that jeopardizes the _____ of themselves or others will result in removal for the remainder of the season.

12. If school is canceled for reasons that are not weather related, practices or contests are canceled unless permission is granted by the Athletic Director.

Use of Athletic Equipment/Uniforms

Athletic Department-issued equipment is to be worn only during practice and interscholastic contest, or with the permission of the coach.

1. At no time are student athletes to wear school-issued equipment or uniforms for: physical education classes, work/job, or social events.
2. An athletic team member may wear his/her entire uniform, uniform top, or game jersey on game days only. Normally, the wearing of school athletic items will be reserved for special occasions.
3. Athletic Department -issued equipment/uniforms are the property of PPJSHS. By accepting the equipment/uniform, the athlete agrees to be responsible for it. If any part of the uniform is not returned or is damaged, the athlete will be financially responsible for its replacement. Additionally, an athlete will not be permitted to participate in another sport until all equipment/uniforms are returned or replaced.

Transportation

PPJSHS will provide transportation for all student athletes, support, and coaching personnel of athletic teams in authorized county vehicles when the contest or practice has been scheduled away from the high school site. The coach of the team must ride in the provided transportation with his/her athletes. All buses are equipped with a radio for emergency purposes. Team members are strictly forbidden to drive an automobile transporting members of an athletic team or to be driven by another student to an athletic contest or practice site that is out of district.

1. If a student athlete misses the county's provided transportation to a contest or practice and arrives at the site by other means, that individual cannot participate in that practice or contest unless written permission has been granted by the Athletic Director. This individual is not considered part of the team for this contest. The coach may grant permission for play under extenuating circumstances.
2. Under certain circumstances or in exceptional situations where it creates an inconvenience for the family, student athletes may be excused from riding to or from an athletic in school-authorized transportation. This privilege is to be kept to a minimum since our philosophy is that a student athlete is a part of the team in all phases.
 - a. A Travel Release Form is available to all student athletes in the Athletic Director's office.
 - b. The parent of student athletes must make arrangements with the Athletic Director in advance of the trip by having the approved Travel Release Form at the contest.
 - c. The coach will release the student athlete to the parent or designated adult upon presentation of the approved Travel Release Form or a letter approved by the Athletic Director or Principal.
 - d. Should a parent approach a coach at an away contest and request that his/her student athlete ride home with him/her, the coach may agree.
 - e. A student athlete will not be allowed to ride home with another student.
3. Athletic shoes with cleats are not to be worn on the bus.
4. Food and drinks are permitted only with permission from the bus driver.
5. The transportation director can be reached at (304) 675-2740.

Early Dismissal

It is the policy of PPJSHS and the Athletic Department to schedule all athletic contest so that students miss a minimum of class time for travel to away games or home contest.

1. Head coaches should make arrangements with the Athletic Director to have students excused from class when ABSOLUTELY necessary because of travel or contest.

- a) Mason County Schools Athletic Department Student-Athlete Rules and Policies – Signed
- b) Policy 1138 Student Activity Drug Testing – Signed
- c) Release of Medical Information and Treatment Consent – Signed

Athletic Team Selection

1. Philosophy

In accordance with our philosophy of athletics and our desire to see as many students as possible participate in the athletic program at PPJSHS, we encourage coaches to select as many students as they can without compromising the integrity of their sport. Obviously, time, space, facilities, equipment, athletic ability and other factors will place limitations on the most effective squad sized for any particular sport. However, when developing procedure in the regard, coaches should strive to maximize the opportunities for student athletes without diluting the quality of the programs.

2. Team Selection – Coach’s Responsibility

Choosing the members of athletic teams is the responsibility of the coach. JV and Junior High coaches must take in to consideration the policies established by the head coach in each particular program when selecting team members.

Prior to trying out, the coach shall provide the following information to all candidates for the team:

- a) Extent of the tryout period.
- b) Criteria used to select the team.
- c) Number of students to be selected.
- d) Practice commitments for those who make the team.
- e) Game commitments.

It is also the coach’s responsibility to choose team captains and managers/statisticians, where needed.

Practices

1. Student-athletes are expected to attend, for the entire duration, every practice.
2. Student-athletes and coaches may begin practice directly after school. It is the responsibility of the student athlete to inform the coach at least a day in advance if he/she plans to miss or be late to a practice.
3. Practice sessions should be well planned and well structured.
4. Coaches and managers should be the first to arrive and the last to leave practice sessions. A coach should be in attendance if a student athlete wants to remain after practice to improve his/her skill level.
5. A student athlete may not practice if he/she is absent from school unless he/she:
 - a) Arrives at school by 11:00a.m.
 - b) Provides an acceptable doctor’s excuse to the Athletic Director.
 - c) Is granted permission by the Principal or Athletic Director.
6. If practice is going to be canceled by the coach, notification must be given to the Athletic Director by 2:00p.m.
7. In the case of outdoor practices, when thunder occurs practice should be stopped and all athletes and coaches should seek shelter inside. Practice may not resume until storm has passed plus 20 minutes. If practice is taken inside the coach may alter practice goals and conduct organized learning sessions at their discretion. Remember - SAFETY FIRST.
8. Practice is permitted on Saturday, never Sunday.
9. Practice is not allowed on the following religious holidays: Rosh Hashanah, Yom Kippur, Christmas, Easter, Good Friday. Note: Practices on Jewish holidays must end by sundown on the day before the religious observance. If the religious holiday is two days in succession, there will be no practice on the first day. Practice may take place on the second day. FAMILY OBLIGATIONS COME FIRST.
10. Practice sessions are permitted during holidays and regular vacations when approved by the Athletic Director.
11. When school is canceled because of inclement weather, practices or contests will not be scheduled unless permission is granted by the Athletic Director and/or Principal.

PARENT CONSENT FORM

Athlete's Name: _____

Address: _____

I, _____, hereby grant unto the Point Pleasant Junior Senior High School athletic staff the power and authority to act in loco parentis for my child, _____, in case of a medical emergency.

This can be in the form of first aid or any medical attention, which is needed from a doctor and/or hospital personnel. In **any** case in which I cannot be reached or locate, said school officials are empowered and authorized to obtain necessary and proper medical treatment for my child and make any decisions regarding medical treatment for my child during my absence. I understand and agree that by doing so the school and athletic staff of the school shall not be liable for any occurrences arising from said medical treatment. I understand that an attempt will be made to locate me prior to the use of this authorization.

Parent's Signature: _____ Date: _____

Student's Signature: _____ Date: _____

Home Phone #: _____

Emergency Phone #: _____

Athlete's Health Insurance: _____

Responsible Party for Insurance: _____

Known Allergies/Medical Conditions: _____

Family Doctor/Hospital Preference: _____

Medications: _____